

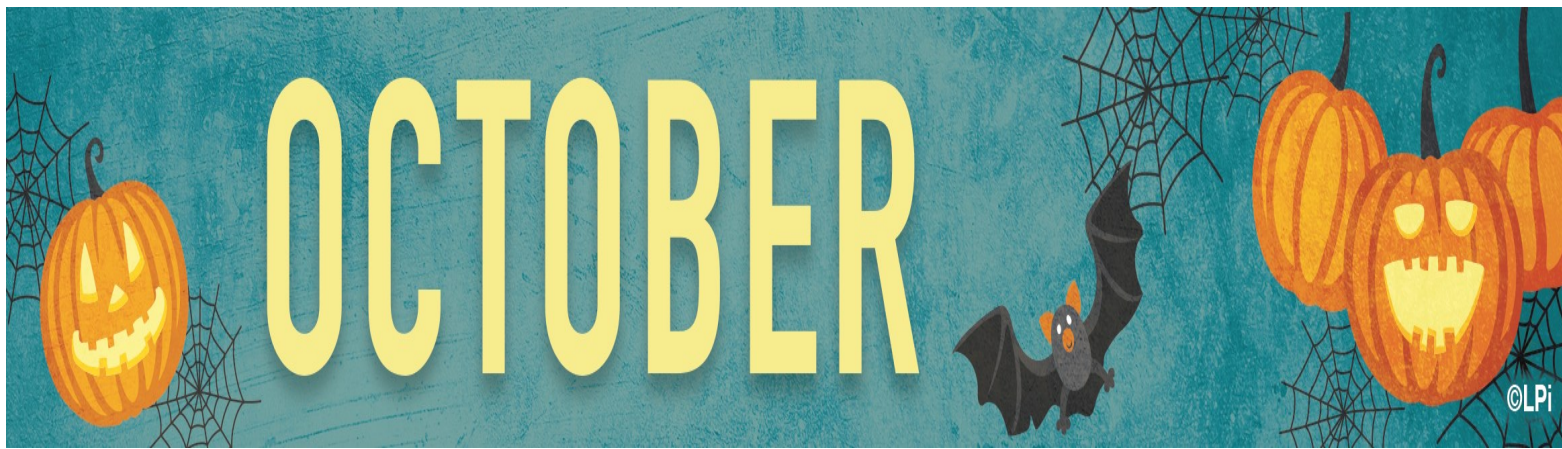
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

Pizza Burger on Bun
 Battered Cauliflower w/
 Ranch
 Italian Blend Vegetables
 Carrot Raisin Salad
 Milk

4

Smoked Sausage on Bun
 Mashed Potatoes
 Sauerkraut
 Sliced Peaches
 Milk

5

Chicken Pot Pie
 Lima Beans
 Warm Cherry Crisp
 Tossed Salad w/ Dressing
 Cookie & Milk

6

1:00 pm Produce
Pick-up
NO MEAL DELIVERY

7

Shredded BBQ Pork "Plow"
 Boy
 Baked Potato
 Broccoli & Cheese
 Grapes
 Dinner Roll & Milk

8

Mac & Cheese
 Stewed Tomatoes
 Peas
 Pineapple Tidbits
 Bread & Milk

11

Swiss Steak w/ Onions &
 Mushrooms
 Au Gratin Potatoes
 California Blend Vegetables
 Tropical Fruit
 Brownie

12

11:30 Commodity Box
Pick-up
 Sloppy Joe on Bun
 Sweet Potato Tots
 Apple Crisp
 Fresh Cut Fruit
 Milk

13

NO MEAL DELIVERY

14

Tuna Salad on Croissant
 Cream of Broccoli Soup
 Potato Salad
 Pear Chunks
 Crackers & Milk

15

Cheese Omelet
 Hash Brown
 Blueberry Cobbler
 Orange Juice
 Bagel w/ Cream Cheese
 Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
18 Turkey & Noodles Diced Potatoes Sliced Carrots Cucumber & Tomato Salad Dinner Roll & Milk	19 Hamburger on Bun (Lettuce, Tomato, Onion, Pickle) Tater Tots Capri Blend Veggies Banana Milk	20 *NO MEAL DELIVERY*	21 Roasted Pork Loin w/ Gravy Cheddar Mashed Potatoes Brussels Sprouts Frosted Lime Salad Dinner Roll & Milk	22 Roasted Vegetable Lasagna Mixed Vegetables Tossed Salad w/ Dressing Cottage Cheese Breadstick & Milk
25 Taco Salad (Meat, Beans, Lettuce, Tomato, Cheese, Sour Cream & Salsa) Fresh Pear Cookie Tortilla Chips & Milk	26 Shredded Chicken on Bun Potato Wedges Green Beans Apricots Yogurt w/ Granola Milk	27 *NO MEAL DELIVERY*	28 Chili w/ Beans Baby Bakers Peach Cobbler Cornbread Muffin Animal Crackers & Milk	29 Cabbage Roll Feather River Potatoes Italian Veggies Apple Slices w/ Caramel Pumpkin Fluff Graham Crackers



Soup of the Month:
Cream of Potato with Crackers

Take-Out Salads:
Choice of toppings and dressings, includes crackers

***Served 11-1. Cost is \$3 each.**



To access ingredient content, visit www.knohoco.org or call 740-622-4852. Choice of bread & milk. There are no substitutions available.

Menu subject to change.