


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Taco Salad (Meat, Beans, Lettuce, Tomato, Cheese, Sour Cream & Salsa)</p> <p>Orange</p> <p>Corn Chips & Milk</p>	<p>4</p> <p>Sloppy Joe w/ Bun</p> <p>Au Gratin Potatoes</p> <p>Green Beans</p> <p>Diced Peaches</p> <p>Milk</p>	<p>5</p> <p>*NO MEAL DELIVERY*</p>	<p>6</p> <p>Italian Sub Sandwich</p> <p>Cream of Potato Soup</p> <p>Coleslaw</p> <p>Baby Carrots w/ Ranch</p> <p>Milk</p>	<p>7</p> <p>Chicken Broccoli Divan</p> <p>Brown Rice Pilaf</p> <p>Warm Cinnamon Apples</p> <p>Cucumber & Onion Salad</p> <p>Bread & Milk</p>
<p>10</p> <p>Shredded Chicken w/ Bun</p> <p>Sweet Potato Tots</p> <p>Lima Beans</p> <p>Apricots</p> <p>Milk</p>	<p>11</p> <p><u>11:30 Commodity Box Pick-up</u></p> <p>Smoked Sausage w/ Bun</p> <p>Cheddar Mashed Potatoes</p> <p>Sauerkraut</p> <p>Fruit Cocktail</p> <p>Milk</p>	<p>12</p> <p>*NO MEAL DELIVERY*</p>	<p>13</p> <p>BBQ Beef</p> <p>Baby Bakers</p> <p>Broccoli & Cheese</p> <p>Frosted Lime Salad</p> <p>Dinner Roll & Milk</p>	<p>14</p> <p>Sausage Gravy w/ Biscuit</p> <p>Hash Brown</p> <p>Warm Spiced Peaches</p> <p>Tomato Juice</p> <p>Milk</p>
<p>17</p> <p>Center closed for Martin Luther King, Jr. Day</p>	<p>18</p> <p>Meatloaf</p> <p>Mashed Potatoes</p> <p>Carrot Coins</p> <p>Fresh Cut Fruit</p> <p>Dinner Roll & Milk</p>	<p>19</p> <p>*NO MEAL DELIVERY*</p>	<p>20</p> <p>Chicken Fajitas (Peppers & Onions, Beans, Lettuce, Tomato, Cheese, Salsa, Sour Cream)</p> <p>Jello w/ Fruit</p> <p>Milk</p>	<p>21</p> <p>Breakfast Casserole</p> <p>Hash Brown</p> <p>Blueberry Cobbler</p> <p>Orange-Pineapple Juice</p> <p>Biscuit & Milk</p>

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<p>24</p> <p>Macaroni & Cheese Stewed Tomatoes Peas Pineapple Tidbits Bread & Milk</p>	<p>25</p> <p>Country Fried Steak Mashed Potatoes Apple Crisp Tossed Salad w/ Dressing Dinner Roll & Milk</p>	<p>26</p> <p>*NO MEAL DELIVERY*</p>	<p>27</p> <p>Ham & Bean Soup Cottage Cheese Carrot Raisin Salad 100% Fruit Juice Cornbread & Milk</p>	<p>28</p> <p>Baked Fish Filet w/ Bun Ranch Potato Bake Harvard Beets Mandarin Oranges Milk</p>
<p>31</p> <p>Meatball Sub w/ Bun Potato Wedges Yellow Squash Pears Milk</p>				



Soup of the Month:
Chicken Noodle with Crackers

Take-Out Salads:
Choice of toppings and dressings, includes crackers
***Served 11-1. Cost is \$3 each.**



To access ingredient content, visit www.knohoco.org or call 740-622-4852. Choice of bread & milk. There are no substitutions available.

Menu subject to change.