

The Senior Connection



©LPi

GROCERY SHOPPING & DELIVERY PROGRAM FOR COSHOCTON COUNTY SENIORS 60+



Can't get out for groceries? The Coshocton Senior Center has a grocery shopping and delivery program. If you give us your list, we will shop it and bring your groceries to your home! Please call the Center for more information at

740-622-4852.

ASSESSMENT REMINDER

One of the requirements of the Ohio Department of Aging is that senior service providers conduct routine assessments and updates on every senior citizen, age 60 years and older, that we serve. We will conduct assessments at different times throughout the year, and kindly ask for your assistance and cooperation as we complete these assessments. If you have any questions regarding the assessment process, please contact us at the Coshocton Senior Center at **(740) 622-4852**. We also respectfully ask that you keep your phone number updated with us!

Some helpful reminders... Reservations & Cancellations

The beginning of the year is a great time to get some reminders out there for you!

Just a reminder that we respectfully request reservations for lunch at the center at least one day in advance. You can tell us at the front desk, or call **(740) 622-4852, press "2"** and leave a message!

For home delivered meals, please call **(740) 622-4852 and press "1"**. Leave your meal cancellations after the tone! Please make cancellations **NO LATER THAN 9 AM ON THE DAY OF DELIVERY**. This is very important, as it gives us time to make sure your driver is aware that you have cancelled. A reminder too that you should always call to cancel personally (or have a family member do it). Please **DO NOT** tell your driver and expect them to remember, as they have many other people to deliver to each day. To cut down on confusion of who wishes to cancel and on what day, it is best to eliminate the middle man.

If you cancel your meal **AFTER 9:00**, please be aware that although messages are checked regularly, you should know that if you do not answer the door for lunch, we may attempt to call your emergency contact, and we make calls to the sheriff's office to complete wellness checks if we are unable to make contact with you or your emergency contact.

Happy
NEW YEAR

Our dedicated staff makes every effort to deliver meals during inclement weather. With the threat of winter weather upon us this time of year, please remember that if the Senior Center should close or if meal delivery should be limited or cancelled, this will be announced on **WTNS radio (99.3 FM)**. Please listen to your radio when the weather is bad! We will also post cancellations on our Facebook page. For home delivered meals, we have a mass call system for notifications— **PLEASE** keep your phone number updated with us!

Book Club meetings will be moving to a new day in 2025! We will transition from the first Wednesday of each month to the **fourth Tuesday**, which will align with the evening meeting held at the library. For the month of January, however, we will meet on **Wednesday, January 8th** for a discussion on *The Seven Husbands of Evelyn Hugo*, and will ALSO meet on **Tuesday, January 28th** for the first selection of 2025, *Farm to Trouble*. We hope that you will join us!

Attend Bookmarked Adult Book Club to be entered to win a prize in a random drawing! The prize includes a notebook, book socks and a book club sticker. You will earn one entry by attending book club at the Senior Center or the library, or TWO entries by attending both! Earn a bonus entry by bringing a friend! A winner for the December-February Quarterly Prize Drawing will be chosen in early March.

BOOKMARKED -ADULT BOOK CLUB- 2025 Selections

 AMANDA FLOWER	 MEG SHAFFER	 LAWYER	 JANE CHANDLER
Jan. 28	Feb. 25	March 25	April 22
 DOLLY PARTON JAMES PATTERSON	 EILEEN MARIE WISEMAN	 JENNIFER ALKEMAN	 JESSAMINE
May 27	June 24	July 22	Aug. 26
 DEBBIE PATRICK	 LISA UNGER	 LYNDA RUTLEDGE	 John Grisham
Sept. 23	Oct. 28	Nov. 25	Dec. 16

**Coshocton Senior Center
1:00 PM - 2:00 PM**

or

**Coshocton County District Library
6:30 PM - 7:30 PM**

Copies of selected titles will be available at the library one month prior to each meeting. Digital copies may be borrowed through Libby or Hoopla per availability.



We have an amazing staff second to NONE! We would like to take this opportunity to say **THANK YOU** to each and every one of them! Above and beyond the call of duty is a normal day for us, and we couldn't do what we do without each and every one of them- **THANK YOU!**

We would also like to extend our heartfelt gratitude to those who have partnered with us this past year. We hope to continue these partnerships into the next year as well!

And from all of us to all of you... we hope that 2025 finds everyone safe and well! **HAPPY NEW YEAR!**



Please join us for a matinee showing of 2004's *The Day After Tomorrow*, starring Dennis Quaid and Jake Gyllenhaal! Our showing will be on **Wednesday, January 22nd at 1:00pm**, light refreshments will be provided.



January is National Hot Tea Month! Please join us on **Friday, January 10th at 11:15am** for hot tea and a Danish! What better way to combat the winter blahs?! Other than... let's pair it with Mike Hoskins on the piano!

**Commodity Supplemental Food
Program 2024-25 Pick-Up Dates:**



January 14

February 11

March 11

April 8

May 13

June 10

Next date: January 14th

11:30 am– 4 pm

We thank you for picking up

ON THE DATE LISTED when

**we schedule help to load
your box into your car.**

**Please note that there is NO
EARLY PICK-UP.**

Please remember that failure to pick up
your box two times in a row will result
in the forfeiture to participate in this
program.

We ask that you please call
(740) 622-4852 if you will not be able to
pick up your box on the distribution
day.

***Powerful Tools for Caregivers
is a program you can count on
to make a positive difference
in your life.***

Caring for a family member or friend with
a chronic condition can be physically,
emotionally, and financially draining.
This highly effective, evidenced-based,
self-care education program for family
caregivers builds the skills caregivers
need to take better care of themselves as
they provide care for others. Caregiver
participants learn to minimize the
potentially negative impacts of caregiving
and enhance self-care and empowerment.



**This program consists of six
classes that are held at the
Coshocton Senior Center. These
classes will provide you with tools
and strategies to better handle the
caregiver challenges you face.**

**Registration is required - for
more information call the Center at
740-622-4852.**

“
Snowflakes are one of
nature’s most fragile
things, but just look what
they can do when they
stick together.
”

VESTA M. KELLY

©LPI

Winter Crisis Program November 1-March 31st

The Ohio Department of Development and Kno-Ho-Co-Ashland Community Action Commission will help income-eligible Ohioans stay warm during the winter months.

From November 1st through March 31st, income-eligible Ohioans can receive assistance with utilities facing disconnection and/or bulk fuels or assistance paying for heating system repairs through the Ohio Department of Development's [Home Energy Assistance Winter Crisis Program](#).

To qualify for assistance, Ohioans must have a gross income at or below 175 percent of the Federal Poverty Guidelines for a family of up to seven members, and 60 percent of the State Median Income for a family of eight or more members. For a family of four, the annual income must be at or below \$54,600.

To apply for the program, clients are required to schedule an appointment with Kno-Ho-Co-Ashland Community Action Commission. Appointments can be scheduled by calling 740-622-9801.

Clients need to bring copies of the following documents to their appointment:

- Copies of their most recent energy bills.
 - A list of all household members and proof of income for the last 30 days or 12 months for each member.
 - Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

Eligible households can receive up to \$175 if they are a client of a regulated utility, or \$750 if they are a client of an unregulated utility such as electric cooperatives. The main heating source and/or related electric service must be either in disconnect status, have been terminated, need to establish new service, need to transfer service, or have 25% (or less) of bulk fuel supply remaining, or heating unit repair/replacement is needed. The assistance is applied to their utility bill and/or applied to the heating system repair costs. An appointment no-show may result in utilities being shut off.

For more information about the Winter Crisis Program, and what is needed to apply, contact Kno-Ho-Co-Ashland Community Action Commission at **740-622-9801**. To be connected to your local Energy Assistance Provider visit www.energyhelp.ohio.gov or call **(800) 282-0880**.

The Ohio Department of Development empowers communities to succeed by investing in Ohio's people, places, and businesses. Learn more about our work at development.ohio.gov.

For more information on any of our services, please call us at **(740) 622-4852**.

Our business hours are Monday-Friday 8AM-4:30PM.

CONGREGATE MEALS: Served to seniors 60 & over at 12:00PM. Voluntary contribution of \$2.00 is suggested.

HOME DELIVERED MEALS: Delivery of hot, well-balanced nutritious meals, a friendly visit and a safety check to qualifying seniors.

NUTRITION EDUCATION: Scheduled to present nutrition information specifically for seniors.

AAA 9 PASSPORT SERVICES: Ohio Medicaid waiver program helping individuals who qualify to receive care and support services. We make referrals.

SOUPS/SALADS: Available Monday thru Friday between 11:00 am and 1:00 pm - \$3 for a 16 oz. cup of soup or a salad.

GROCERY ORDERING & DELIVERY: Call us with your order, we will shop for and deliver your groceries.

EXERCISE CLASSES: There are a variety of classes available; please see activity calendar to learn more or stop in for brochures.

GOLDEN BUCKEYE CARD: If you are 60+, or if you are 18-59 and can show proof of being permanently disabled, we can assist you with getting a Golden Buckeye Card.

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP): Monthly food program for those age 60+ who live in Coshocton County and meet income guidelines.

INFORMATION & REFERRAL: Assistance with senior services in our community. Information and referrals available.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY									
		<p>2 8:00 Yoga 10:30 Chair Yoga 12:45 Bingocize</p> <p>Swiss Steak w/ Tomatoes & Onions Parslied Red Skin Potatoes Brussels Sprouts Cantaloupe Dinner Roll & Milk</p>	<p>3 10:00 Senior Exercise 10:30 Geri-Fit 1:00 Euchre</p> <p>French Toast Casserole Cheese Omelet Country Apples Raisins 100% Orange Juice Milk</p>	<p>6 10:00 Senior Exercise 10:30 Geri-Fit 11:00 Penny Bingo 12:45 Bingocize</p> <p>Taco Salad (Lettuce, Tomato, Meat, Beans, Cheese, Sour Cream & Taco Sauce) Fresh Orange Tortilla Chips Brownie & Milk</p>	<p>7 8:00 Yoga 9:15 Line Dancing 10:00 Meditation 1:00 Hausey</p> <p>Meatball Sub w/ Bun Hash Brown Casserole Peas Pineapple Tidbits Milk</p>	<p>8 10:00 Senior Exercise 10:30 Geri-Fit 1:00 Book Club</p> <p>Cod Nuggets Roasted Red Skin Potatoes Normandy Blend Vegetables Apricots Sugar-Free Chocolate Pudding Milk</p>	<p>9 8:00 Yoga 10:30 Chair Yoga 12:45 Bingocize</p> <p>Chicken & Wild Rice Soup 3-Bean Medley Tossed Salad w/ Dressing Carrots w/ Ranch Crackers & Milk</p>	<p>10 10:00 Senior Exercise 10:30 Geri-Fit 11:15 Mike Hoskins— piano 11:15 Hot Tea & Danish 1:00 Euchre</p> <p>Pork Loin Fritter w/ Gravy Baked Potato w/ Butter & Sour Cream Carrot Coins 100% Fruit Juice Pasta Salad Milk</p>	<p>13 10:00 Senior Exercise 10:30 Geri-Fit 11:00 Penny Bingo 12:45 Bingocize</p> <p>Grilled Chicken Breast Strips w/ Peppers & Onions Alfredo Penne Pasta Harvest Blend Vegetables Pear Chunks Milk</p>	<p>14 8:00 Yoga 9:15 Line Dancing 10:00 Meditation 11:30 Blood Pressure Checks w/ Interim 1:00 Hausey</p> <p><u>11:30-4 Commodity Box</u> Pick-up Beef Stew w/ Warm Biscuit Warm Cinnamon Applesauce Cucumber, Tomato & Onion Salad Banana Milk</p>	<p>15 10:00 Senior Exercise 10:30 Geri-Fit 11:30 Blood Pressure Checks w/ Ember Complete Care 12:00 Birthday Party— sponsored by Altercare</p> <p>Chicken & Noodles Mashed Potatoes Carrot Coins Ambrosia Salad Graham Crackers Milk</p>	<p>16 8:00 Yoga 10:30 Chair Yoga 12:45 Bingocize</p> <p>Vegetable Soup Turkey Bacon Ranch Wrap String Cheese Grapes 100% Fruit Juice Sidekick Milk</p>	<p>17 10-2 Chair Massage w/ Krysten Smalley— by appt. 10:00 Senior Exercise 10:30 Geri-Fit 11:30 Blood Pressure Checks w/ Roscoe Gardens 1:00 Euchre</p> <p>Beef Soft Taco (Taco Beef, Lettuce, Tomato, Cheese, Sour Cream, Taco Sauce & Tortilla) Mexican Rice Fire Roasted Corn Guacamole Apple Slices & Milk</p>
<p>7 8:00 Yoga 9:15 Line Dancing 10:00 Meditation 1:00 Hausey</p> <p>Meatball Sub w/ Bun Hash Brown Casserole Peas Pineapple Tidbits Milk</p>	<p>8 10:00 Senior Exercise 10:30 Geri-Fit 1:00 Book Club</p> <p>Cod Nuggets Roasted Red Skin Potatoes Normandy Blend Vegetables Apricots Sugar-Free Chocolate Pudding Milk</p>	<p>9 8:00 Yoga 10:30 Chair Yoga 12:45 Bingocize</p> <p>Chicken & Wild Rice Soup 3-Bean Medley Tossed Salad w/ Dressing Carrots w/ Ranch Crackers & Milk</p>	<p>10 10:00 Senior Exercise 10:30 Geri-Fit 11:15 Mike Hoskins— piano 11:15 Hot Tea & Danish 1:00 Euchre</p> <p>Pork Loin Fritter w/ Gravy Baked Potato w/ Butter & Sour Cream Carrot Coins 100% Fruit Juice Pasta Salad Milk</p>	<p>13 10:00 Senior Exercise 10:30 Geri-Fit 11:00 Penny Bingo 12:45 Bingocize</p> <p>Grilled Chicken Breast Strips w/ Peppers & Onions Alfredo Penne Pasta Harvest Blend Vegetables Pear Chunks Milk</p>	<p>14 8:00 Yoga 9:15 Line Dancing 10:00 Meditation 11:30 Blood Pressure Checks w/ Interim 1:00 Hausey</p> <p><u>11:30-4 Commodity Box</u> Pick-up Beef Stew w/ Warm Biscuit Warm Cinnamon Applesauce Cucumber, Tomato & Onion Salad Banana Milk</p>	<p>15 10:00 Senior Exercise 10:30 Geri-Fit 11:30 Blood Pressure Checks w/ Ember Complete Care 12:00 Birthday Party— sponsored by Altercare</p> <p>Chicken & Noodles Mashed Potatoes Carrot Coins Ambrosia Salad Graham Crackers Milk</p>	<p>16 8:00 Yoga 10:30 Chair Yoga 12:45 Bingocize</p> <p>Vegetable Soup Turkey Bacon Ranch Wrap String Cheese Grapes 100% Fruit Juice Sidekick Milk</p>	<p>17 10-2 Chair Massage w/ Krysten Smalley— by appt. 10:00 Senior Exercise 10:30 Geri-Fit 11:30 Blood Pressure Checks w/ Roscoe Gardens 1:00 Euchre</p> <p>Beef Soft Taco (Taco Beef, Lettuce, Tomato, Cheese, Sour Cream, Taco Sauce & Tortilla) Mexican Rice Fire Roasted Corn Guacamole Apple Slices & Milk</p>					
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
<p>20</p>  <p>MARTIN LUTHER KING, JR. DAY CLOSED FOR</p>	<p>21</p> <p>8:00 Yoga 9:15 Line Dancing 10:00 Meditation 1:00 Hausey</p> <p>Country Fried Steak w/ Country Gravy Scrambled Eggs Hash Brown V-8 Juice Fresh Cut Fruit & Milk</p>	<p>22</p> <p>10:00 Senior Exercise 10:30 Geri-Fit 1:00 Movie Matinee- <i>The Day After Tomorrow</i></p> <p>Sweet & Sour Chicken over Brown Rice Oriental Blend Vegetables Veggie Egg Roll Mandarin Oranges Milk</p>	<p>23</p> <p>8:00 Yoga 10:30 Chair Yoga 12:45 Bingocize</p> <p>Beef Goulash Italian Blend Vegetables Spiced Peaches Tossed Salad w/ Dressing Italian Bread & Milk</p>	<p>24</p> <p>10:00 Senior Exercise 10:30 Geri-Fit 1:00 Euchre</p> <p>Chicken Strips Au Gratin Potatoes Peas w/ Pearl Onions Cucumbers, Onions & Ranch Vanilla Wafers Milk</p>	<p>27</p> <p>10:00 Senior Exercise 10:30 Geri-Fit 11:00 Penny Bingo 12:45 Bingocize</p> <p>All Beef Hot Dog w/ Bun Cheesy Tots Mixed Vegetables Fruit Cocktail Milk</p>	<p>28</p> <p>8:00 Yoga 9:15 Line Dancing 10:00 Meditation 1:00 Book Club 1:00 Hausey</p> <p>Philly Cheesesteak w/ Peppers & Onions w/ Bun Potato Wedges Green Beans Apricots Milk</p>	<p>29</p> <p>10:00 Senior Exercise 10:30 Geri-Fit 1:00 Open House Bingo</p> <p>Chicken Parmesan Spaghetti w/ Marinara Asparagus Cuts Frosted Lime Salad Breadstick & Milk</p>	<p>30</p> <p>8:00 Yoga 10:30 Chair Yoga 12:45 Bingocize</p> <p>Stuffed Green Pepper Soup Potato Salad Ham Salad w/ Crackers Carrot & Celery Sticks 100% Grape Juice Milk</p>	<p>31</p> <p>10:00 Senior Exercise 10:30 Geri-Fit 1:00 Euchre</p> <p>Hawaiian Chicken w/ Pineapple & BBQ Roasted Sweet Potatoes Malibu Blend Vegetables Macaroni Salad Cookie & Milk</p>
<p>27</p> <p>10:00 Senior Exercise 10:30 Geri-Fit 11:00 Penny Bingo 12:45 Bingocize</p> <p>All Beef Hot Dog w/ Bun Cheesy Tots Mixed Vegetables Fruit Cocktail Milk</p>	<p>28</p> <p>8:00 Yoga 9:15 Line Dancing 10:00 Meditation 1:00 Book Club 1:00 Hausey</p> <p>Philly Cheesesteak w/ Peppers & Onions w/ Bun Potato Wedges Green Beans Apricots Milk</p>	<p>29</p> <p>10:00 Senior Exercise 10:30 Geri-Fit 1:00 Open House Bingo</p> <p>Chicken Parmesan Spaghetti w/ Marinara Asparagus Cuts Frosted Lime Salad Breadstick & Milk</p>	<p>30</p> <p>8:00 Yoga 10:30 Chair Yoga 12:45 Bingocize</p> <p>Stuffed Green Pepper Soup Potato Salad Ham Salad w/ Crackers Carrot & Celery Sticks 100% Grape Juice Milk</p>	<p>31</p> <p>10:00 Senior Exercise 10:30 Geri-Fit 1:00 Euchre</p> <p>Hawaiian Chicken w/ Pineapple & BBQ Roasted Sweet Potatoes Malibu Blend Vegetables Macaroni Salad Cookie & Milk</p>					



Soups of the Month:

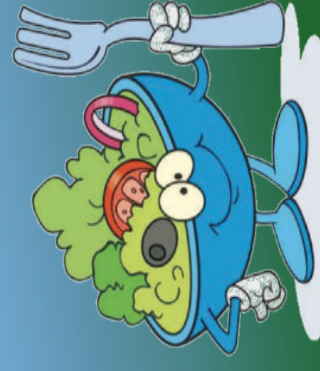
Chicken Noodle

Ham & Bean

Take-Out Salads:

Choice of toppings and dressings, includes crackers.

*Served 11-1. Cost is \$3 each.



To access ingredient content, visit www.knohoco.org or call 740-622-4852. Choice of bread & milk with meal. There are no substitutions available.

Menu subject to change.

Winter

I	O	E	O	W	I	N	D	Y	E	K	C
R	B	E	M	O	Y	E	M	F	A	A	W
L	L	L	I	D	E	T	N	K	N	F	F
A	A	S	T	A	N	G	S	C	I	E	P
F	N	N	T	R	A	C	H	T	M	I	I
R	K	O	E	K	S	C	K	P	A	I	C
O	E	W	N	K	O	D	F	N	O	O	E
S	T	F	S	L	G	L	O	V	E	S	C
T	S	L	D	C	Z	N	E	T	W	N	O
G	A	A	S	N	O	W	I	N	G	D	S
E	G	K	L	F	R	E	E	Z	I	N	G
L	S	E	C	A	L	P	E	R	I	F	G
C	W	E	S	N	O	W	M	A	N	L	Y
C	E	W	O	O	L	L	Y	H	A	T	O

WORD LIST

COLD **BLANKETS** **MITTENS**
GLOVES **ICE** **WOOLLY HAT**
SNOWING **FIREPLACE** **DARK**
SNOWMAN **FREEZING**
COATS **FROST**
WINDY **SNOWFLAKE**

Senior Center Hours

Monday-Friday

8am-4:30pm

(740) 622-4852

Staff

April George.....Co-Director
Jean Jacobs.....Co-Director
Chris Emmert.....Office Technician
Jessica Jones.....Office Aide
Bud Moore.....Dietary Manager
Michelle Bassett.....Head Cook
Beth Vojacek.....Kitchen Assistant
Jennifer Kempf.....Kitchen Aide
Stacey Reiman.....Kitchen Aide
Kenny Zimmerman.....Custodian
John Elson.....HDM Driver
Vicky Piper.....HDM Driver
Jessica Hebert.....HDM Driver
Laurie Celeschi.....HDM Driver
Tracie Shaw.....HDM Driver
Kyle Kempf.....HDM Driver
Mason Powell.....HDM Driver
Renee Raber.....HDM Driver
John Burt.....HDM Driver
Karen Bevins.....HDM Driver
Rick Phelps.....HDM Driver
Amber Sells.....HDM Driver
Wesley Morris.....HDM Driver
Tammie Waite.....HDM Driver

**For Cancellations
 and Center
 Announcements
 Tune In To:**



Follow Us On:



All of our senior programming is provided at no charge for seniors, and no senior will be denied services due to an inability or unwillingness to contribute toward the cost of any service. Voluntary contributions are encouraged and enable us to serve a larger number of seniors in Coshocton County. Coshocton Senior Center is an equal opportunity provider.

MEMBER OF:



OHIO ASSOCIATION OF SENIOR CENTERS



MEALS ON WHEELS AMERICA 2025 MEMBER

Scan the QR code below to be taken to our events page on the Coshocton Community Calendar, powered by Yodel. "Favorite" our calendar and add events to be notified of any changes.



THE COSHOCTON SENIOR CENTER IS A SERVICE OF KNO-HO-CO-ASHLAND COMMUNITY ACTION COMMISSION. SERVICES ARE FUNDED IN PART WITH THE OHIO DEPARTMENT OF AGING THROUGH THE AREA AGENCY ON AGING REGION 9, INC., PASSPORT, COSHOCTON DEPARTMENT OF JOB AND FAMILY SERVICES, MID-OHIO FOODBANK, PRIVATE CONTRIBUTIONS, AND THE COSHOCTON COUNTY SENIOR LEVY. THANK YOU TO ALL OF OUR SUPPORTERS!



Senior Benefit ADVANTAGE

A NON-GOVERNMENT ENTITY POWERED BY SENIOR BENEFIT ADVANTAGE, A HEALTH INSURANCE AGENCY



RHONDA K. KRAUS, MSW
Licensed Insurance Agent/Broker

YOUR LOCAL MEDICARE ADVISORS

603 S 2ND ST. IN COSHOCTON, OH 43812

NEVER A FEE!
HERE TO HELP! 740-502-2784

SeniorBenefitAdvantage.com



Visit Us on Facebook!



SENIOR INDEPENDENT LIVING COMMUNITY

Hud Subsidized

377 Clow Lane Coshocton

Seton Coshocton

(740) 622-7664

www.borror.com/senior-living



Signature.
HealthCARE at Coshocton

REHAB SERVICES - CLINICAL SERVICES
LIFE ENRICHMENT - SPIRITUALITY PROGRAM

740.622.1220 • shcofcoshocton.com
100 S. Whitewoman Street | Coshocton, OH 43812

LAFAYETTE POINTE

NURSING & REHABILITATION CENTER

EXPERIENCE OUR CULTURE OF CARE

When you're looking for a quality healthcare provider, experience means everything. Find out more and connect with one of our healthcare professionals today!

For more information, contact Amanda Snow
Lafayette Pointe 740.364.8457

WHAT YOU CAN EXPECT AT LAFAYETTE POINTE:

- **LARGE PRIVATE ROOMS**
- 24-Hour Professional Medical Care
- Friendly and Caring Staff
- Designated Smoking Areas
- On-Site Salon Services
- Therapy Services
- Personalized Temperature Control in Each Room
- Wireless Internet Access
- Vacation Care (Respite Care)

ASK US ABOUT:

- Private Room Eligibility for Medicaid
- Insurance Contracts including Medicare, Medicaid



HOW TO REACH



On call 24 hours a day,
7 days a week

740-487-1241

Wish to give us a donation?

Wish to volunteer?

Have a referral?

Want to know more about Shrivers Hospice?

Have an issue or question?

CALL US FIRST!

740-487-1241

TAKE OFF POUNDS SENSIBLY



OHIO TOPS 506 - Coshocton

Call Rebecca For Meeting Information:

740-502-1152

WEIGHT LOSS SUPPORT GROUP

WE APPRECIATE OUR ADVERTISERS!



For ad info. call 1-800-477-4574 • www.lpicommunities.com

14-1374



An Abbington Assisted Living Community
Privately Owned and Operated

255 Brown's Lane
Coshocton, Ohio 43812
(740) 623-4600
"A wonderful place to call home"

Independent • Assisted • Respite Care
www.abbingtononline.com



COAD RSVP SENIOR PROGRAM

**** Volunteers Needed ****
55+ years to help with food pantries, local transport, disaster relief and many other choices!

CONTACT YOUR RSVP COORDINATOR

Laura Leprotti

lleprotti@coadinc.org
740-856-1321



URGENT CARE
7 DAYS A WEEK!

406 S. 15TH ST.
COSHOCKTON

ACROSS THE STREET FROM THE HOSPITAL



Coshocton Regional
Medical Center

LET COSHOCTON PUBLIC TRANSIT GET YOU THERE!



401 Main St.
Coshocton, OH

740-622-7139

AFFORDABLE • DOOR TO DOOR • STATE-WIDE

Funded in part by ODOT and The Area Agency on Aging Region 9, Inc.

Coshocton County Mobility Management

740-623-2564

www.coshoctoncounty.net/mobility

Managing Mobility Options for Coshocton County residents.

- Medical Appointments • Daily Living Needs
- Veterans • Shopping

WHEELCHAIR ACCESSIBLE

Better Begins Here

in Coshocton County



48439 Genesis Drive, Coshocton
740-722-9560

genesishcs.org



FREE support for unpaid individuals that provide care to a loved one, family member, friend, or neighbor.



Caregiver Support Program

SUPPORT INCLUDES:

- Respite Services
- Information & Assistance
- 1:1 Consultations and Routine Check In's
- Caregiver Cafe
- Multi-Media Lending Library
- Evidence Based Programming
- Access to Trualta's Online Education Platform
- Direct Mailing of Printed Caregiver Materials
- Outreach Programs & Referrals
- Workshops & Speaking Engagements
- Linkage to Kinship Support

1-800-945-4250
www.aaa9.org
caregiver@aaa9.org

Heating Assistance Available Application Deadline: May 31, 2025



The Ohio Department of Development and the Area Agency on Aging, Region 9 want to remind older Ohioans that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the Federal Poverty Guidelines for a household of up to seven members and 60% of State Median Income for a household of eight or more members to pay their heating bills.

When applying, individuals need to have copies of the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social Security numbers).
- Proof of income for the past 30 days for all household members (12 months for certain income types).
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

HEAP benefits are applied to an individual's energy bill after Jan. 1.
For more information or assistance with applying for a HEAP benefit, contact the Area Agency on Aging, Region 9 at 800-945-4250.

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